



Enabling young people to make drug-free choices

Young People, Drugs & the Role of the Youth Worker

- A practical training programme for anyone working with young people

Hope UK is a drug awareness charity, providing interactive alcohol and other drug awareness sessions for children, young people and those who work and care for them.

Course Content

The course aims to increase basic knowledge about the effects of drugs. It has a focus on the social effects of drug use, in particular on the individual and peer influences, and gives a number of practical ideas on how to work with these issues. See the content of programme overleaf for more details.

Accreditation

The course is a portfolio-based programme of one level 3 unit accredited with Open College Network, London Region (OCNLR) (this roughly corresponds to A' Level standard) giving 3 credits. We ensure that all training provided meets OCNLR standards.

Course outline

Trainers from Hope UK would work with you over two full days. Learners wishing to receive credit for this programme will have to undertake additional, portfolio based work. Usually, some work will need to be done prior to the start of the course, as well as after the two days. Each learner will develop a portfolio with relevant material, much of which will be gathered during training, but some of which will have to be obtained through using the training in real-life situations.

Costs

Courses you host cost £700 (for the 2 days) plus expenses, with a charge of £10 per learner for materials and £50 per learner for the accreditation (registration and assessment).

'Open' courses are charged at £100 per learner with an additional £50 per person if accreditation is required – a minimum of 8 learners is required for the course to proceed.

Practical details

If you are interested in hosting a course, please make sure it is approved by your organisation. You will need a group of at least 8 learners. Costs will vary depending on your organisation's needs.

For more details please contact:

enquiries@hopeuk.org



Programme content

Drug Awareness

- Definition of 'drug'
- Names & categories of drugs
- Drug samples, paraphernalia
- Patterns of drug use
- Drugs & the law
- Signs & symptoms of drug use

Social Effects of Drugs

- Social effects of alcohol
- Why do people use drugs?
- What can we do?

Preventative Tools

- Activities to use with young people

Intervention Tools

- Drugs policy
- Help available
- Case studies

Shorter course options

We are also able to offer shorter versions of this course (1 day or 1/2 a day) that would **not** be accredited but would still equip learners in their jobs; for example:

1-Day

Drug Awareness
Could include:
Alcohol, tobacco and drug info
Social issues
The law
Signs and symptoms
Why people and young people use drugs (and how to respond)
Peer influence and peer resistance skills
Where to go for help
Attitudes

1/2-Day

Drug Awareness
Could include anything from the 1 day option and would be tailor-made to suit your needs