

## Signs and Symptoms

- Change of behavior
- Loss of money
- Loss of co-ordination
- Secretive
- Loss of appetite
- Mood swings
- Sleepy
- Unable to sleep
- Change in attitude
- Paraphernalia
  - finding actual drugs
  - large cigarette papers
  - small pieces of cardboard (or similar) rolled up
  - bongos
  - discolored knives
  - magazine paper wraps
  - tin foil
  - syringes
  - mirrors or tiles and razor blades
  - spent aerosol cans with product and no gas
  - cut straws
  - pipes or broken bottle necks
- Loss of motivation
- Low self esteem
- Telling lies
- Weight loss
- Truantiing
- Chemical smells
- Dilated pupils
- Attracting police attention



*There are many different items of paraphernalia, some home made and others bought on the high street.*

**PLEASE NOTE:** It is very difficult to tell if someone is using drugs and the above, while a guideline, may have other causes – the best way to know if someone is using a drug is through constructive communication.