## Making Friends

## Learning Outcomes:

-To help children in year 6 to reflect on the process of making friends, as they plan for secondary school.

## Equipment:

-Making Friends cards

## Instructions:

-Lay out the Week 1 cards on the floor/table. Ask the child(ren) to imagine that it is their first week at secondary school and they are keen to make new friends. Ask them to look at the 6 people described and choose one whom they would like to spend time with.
-Discuss why they chose that person.
-Lay out the Week 2 cards and ask them to read and see if they want to be friends with the same person or someone else.
-Discuss why they stayed with the same person OR changed their mind.
-Then explain that in Week 6 they go on a trip to the local museum. On the way there a girl trips and falls. Once they get there someone else in the class offers cigarettes to some of the class at the back of the museum. All of the class need to work in teams to solve some tasks and answer a quiz in the museum.
-Lay out the Week 6 cards and ask them to decide if they want to change friends now or stay with their current 'friend'.
-Discuss. Why did they change their mind? Or stay with the same person? Talk about how it might be a good idea to make lots of friends early on (if at all possible) as sometimes people who we like initially aren't always the people who will make good friends later on.

National Curriculum: Primary: Underpins sections on Caring Friendships and Respectful Relationships.

## Making Friends - Cards

| Week 1 <br> Anna is quiet, shy and smiles at you. | Week 1 <br> Ben is very chatty, lively and physically attractive. | Week 1 <br> Cecilia is pretty, smiles a lot and gets involved in lessons. |
| :---: | :---: | :---: |
| Week 1 <br> Dan is sporty and competitive. | Week 1 <br> Eric reads a book and doesn't interact with others. | Week 1 <br> Freda talks a lot about herself. |
| Week 2 <br> Anna is helpful, caring, talks to the shy ones and notices people who are left out. | Week 2 <br> Ben is interested in people and happy to make friends. | Week 2 <br> Cecilia has lots of friends and is very popular. The teachers like her too. |
| Week 2 <br> Dan is busy going to school clubs and has lots of ideas for the class to do. | Week 2 <br> Eric is very clever, gets high marks and has a couple of other friends like him. | Week 2 <br> Freda talks a lot in class and is quick to show you how to do stuff on your phone and computer. |
| Week 6 <br> Anna looks after the girl who fell over and stays with her. | Week 6 <br> Ben says 'no' to the cigarettes as is not interested. He suggests they go to the café instead. | Week 6 <br> Cecilia spends the rest of the day laughing about the girl who fell over. |
| Week 6 <br> Dan invites the girl who fell over to join his team in the museum competition. | Week 6 <br> Eric won't join his team in the competition but answers all the questions himself. | Week 6 <br> Freda invites some friends to come outside and smoke cigarettes. |

