



Enabling young people to make drug-free choices

# Drug Prevention for Family Workers

*- A practical training programme for anyone working with children, parents or family support.*

Hope UK is a drug awareness and prevention charity, providing interactive alcohol and drug awareness sessions for children, young people and those who work with and care for them. We have developed training for those working with young children or families in how to prevent and deal with harm caused by parental use of alcohol or other drugs. For more information about Hope UK, visit our website [www.hopeuk.org](http://www.hopeuk.org).

## **Course Content**

The course aims to increase basic knowledge about the effects of drugs, and how parental use may affect children. It focuses on the social effects of drug use, in particular on the family, and gives a number of practical ideas on how to work with these issues. See the outline of sessions overleaf for more details.

## **Accreditation**

The course is a portfolio-based programme of two level 3 units giving 6 credits with the Open College Network, London Region (OCNLR), which roughly equates to A-Level standard. The course has been piloted in various settings and we ensure that all training provided meets OCNLR standards.

## **Running the Course**

The course is delivered over two full days. In addition to attending the course about 30 hours of work is required to obtain the accreditation. Each learner will develop a portfolio with relevant material, much of which will be gathered during training, but some of which will have to be obtained through using the training in real-life situations.

## **Costs**

Courses you host cost £700 (for the 2 days) plus expenses, with a charge of £10 per learner for materials and £50 per learner for the accreditation (registration and assessment).

'Open' courses (ones where anyone can attend) are charged at £100 per learner with an additional £50 per person if accreditation is required – a minimum of 8 learners is required for the course to proceed.

(Discount available if we can follow up your learners after one year)

## **Practical details**

For more details, please contact: [enquiries@hopeuk.org](mailto:enquiries@hopeuk.org)



# Course Content

The course has certain themes that must be delivered to cover the learning needed to gain credit – but it is always possible to discuss with the organisation wanting this training to add in or remove other content not needed for the credit.

## Drug Awareness

- Definition of 'drug'
- Names and categories of drugs
- Drug samples, paraphernalia
- Drug risks and effects on adults and children
- Drugs and the Law
- Signs and symptoms of drug use

## Social Effects of Drugs

- Social effects of drugs
- Drugs and families
- Growing up in families with alcohol problems
- Why do people use drugs?
- What can we do?

## Preventative Tools

- Practical tools to use in drug prevention
- Drug Policies

## Intervention Tools

- Family Case Study – the model of a family with dependent user
- Helpful Agencies

## Shorter course options

We are also able to offer shorter versions of this course (1 day or 1/2 a day) that would not be accredited but would still equip learners in their jobs; for example:

### 1-Day

Drug Awareness  
(definitions,  
Samples & paraphernalia,  
the Law),  
Drugs and the Family,  
Family Case Study  
Organisations that could help  
Help for Parents

### 1/2-Day

Drug Awareness  
(definitions,  
Samples & paraphernalia,  
the Law),  
Drugs and the Family  
How to help.