

Drug Quiz

Decide if each statement is true or false. (Answers on a separate sheet!)

Statement	True/False
Effects of cannabis depend on the user's mood as well as the environment.	
Spice is like ecstasy.	
Caffeine is a drug.	
Alcohol is a stimulant; it peps you up, helps you do things quicker and better.	
Smoking cigarettes can cause cancer.	
It can be unsafe to mix different drugs.	
Drugs affect the chemicals in your brain like dopamine and serotonin.	
Crack is a form of cocaine.	
Using nitrous oxide is harmless.	
Using LSD can lead to mental health problems in the user.	
Heroin can only be injected.	
A slang name for methamphetamine is khat.	
Mephedrone can overstimulate your heart.	

Drug Quiz – Answers

We have only given you brief answers here - if you would like to know more, refer to www.talktofrank.com or www.drugwise.org.uk

Statement	Answer
Effects of cannabis depend on the user's mood as well as the environment.	True. Expectations, motivation, mood, amount taken and surroundings all play a part in deciding the effects.
Spice is like ecstasy.	False. Spice is a synthetic cannabinoid, made to act like the main psychoactive chemical in cannabis.
Caffeine is a drug.	True. It is a stimulant drug, helping people stay awake (sometimes) and increasing the heart rate and blood pressure.
Alcohol is a stimulant; it peps you up, helps you do things quicker and better.	False. Alcohol acts as a depressant, slowing the body down (which is why drinking and driving is not a good idea, even if you are within the legal limit).
Smoking cigarettes can cause cancer.	True. Regular long-term smoking increases the risk of lung and some other cancers.
It can be unsafe to mix different drugs.	True. Some drug combinations can be harmful, for example some antidepressants and alcohol.
Drugs affect the chemicals in your brain like dopamine and serotonin.	True. Drugs affect neurotransmitters in the brain like serotonin and dopamine.
Crack is a form of cocaine.	True. Crack is cocaine in rock form and is usually smoked.
Using nitrous oxide is harmless.	False. There are various risks, including risk of unconsciousness or suffocation, dizziness, B12 deficiency (with regular use).
Using LSD can lead to mental health problems in the user.	True. Using LSD can make existing mental health conditions worse or set off a condition that had previously been unnoticed.
Heroin can only be injected.	False. Heroin can also be smoked or snorted.
A slang name for methamphetamine is khat.	False. Khat (Quat, chat) is a completely different drug. Names for methamphetamine include crystal meth and meth.
Mephedrone can overstimulate your heart.	True. It is a stimulant drug.