

# Discussion Questions

## **Learning Outcome:**

•To have the opportunity to think about and explore your own attitude to drugs, in order to think about how that might affect your parenting style.

## **Equipment:**

•None

## **Instructions:**

•Below are various discussion questions – none have a ‘correct’ answer, they are just to get you thinking.

•You can either just think about them by yourself, or you could discuss with someone else – your partner, a friend, etc. If you do discuss them with someone else, and you like to be challenged, you could even choose differing points of view and discuss them – to challenge your own attitude, maybe.

## **Questions:**

### **How much do children understand of adults’ drinking?**

- Is there a different understanding at different ages?
- Alcohol is positive/alcohol is negative – what do you think they think about it? Does this vary with age?
- How do you talk to children about it?

### **Would you leave your child with a drunk babysitter?**

- Why/Why not?
- How much can someone drink and still be ok to look after a child?
- Maybe organise one non-drinking adult to be with the child?

### **When and where does alcohol have negative consequences for those around the user?**

- Examples: Traffic, violence, abuse, relationships.
- When does it have consequences for children?

### **Where is the line between use and misuse of drugs?**

- Is there a line?
- How do you know when you cross it?
- Who is to decide when a user has crossed the line?

### **How far does a parent’s behaviour with drugs affect their child’s behaviour?**

- If you think there is an effect, should the parent ever need to change their behaviour? Why/why not?

### **How far does a parent’s attitude towards drug use affect their child’s behaviour?**

- If you think it does have an effect, does this vary with age, or the character of the child?
- How does a parent communicate their attitude?