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## Definition of a Drug

### Learning Outcomes:

- To understand what a 'drug' is
- To provide a framework for other drug-related activities by checking understanding of terminology

### Equipment:

- Definition of a drug cards (or your own home-made version)

### Instructions:

- Discuss with the young person if they know what the word 'drug' means.
- Talk together about their thoughts.
- Lay out the cards (cut up) on a table/the floor and ask them to spend time putting the cards in order to make a definition of what a drug is.
- Discuss.
- (You could go on to do the Drug Box activity to develop understanding).

### Definition:

A drug is a substance, apart from food, that when you put it in your body it changes the way your mind and body work.

**National Curriculum:** Primary: Pupils should know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.

Secondary: Pupils should know the facts about legal and illegal drugs and their associated risks, including the link between drug use and the associated risks, including the link to serious mental health conditions.

## Definition of a Drug - cards

A	drug	is
a	substance	apart
from	food	that
when	you	put
in	your	body
it	changes	the
way	your	mind
and	body	work

(Print off and cut out, or make your own version by writing each word on a separate piece of paper.)