## **Dangerous Drugs**

### **Learning Outcomes:**

- •To begin to discuss different drugs
- •To challenge and explore different attitudes towards drug use
- •To think about what 'dangerous' can mean in relation to drugs

#### **Equipment:**

•Dangerous Drugs Strips (or paper with the name of a drug written on each)

#### Instructions:

- •Either print off and cut up the dangerous drugs strips, or make your own only use the drugs you particularly want to think about/discuss.
- •Ask the young person to order the drugs in priority of danger with the most dangerous at the top, to the least dangerous at the bottom.
- •If there are a few of you, you could do this in twos, or each have a set of strips and work individually, so you can see different opinions.
- •If asked 'What do you mean by dangerous?' don't give an answer it's up to them to decide.
- •Discuss what you thought why was something at the top, or the bottom? Chat about this a bit.
- •There is no right or wrong answer to this because it all depends on what we mean by dangerous. However, if you want to go a bit further you could ask which drug would be at the top if you defined dangerous. e.g.

If 'dangerous' means:

- Most addictive? (Heroin, nicotine, cocaine)
- •Kills most people in UK? (Tobacco, alcohol)
- •Causes most harm to society? (Alcohol)
- •Of course, now if you want to you could research this further, either looking behind the above information, or looking at other definitions and seeing which drug(s) would be at the top.

**National Curriculum:** Secondary - Pupils should know the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions.



# **Dangerous Drugs - Slips**

Only use the drug names that you want to focus on and seem appropriate for your child(ren). An extension of this activity could be to research each drug – <a href="https://www.talktofrank.com">www.talktofrank.com</a> can help.

Alcohol **Amphetamines** Caffeine Cannabis Cocaine (Including Crack) **Ecstasy** Heroin Ketamine Khat L.S.D. Mephedrone Nitrous Oxide Tobacco/Nicotine Volatile Substances/Solvents

