
Body Quiz

Learning Outcomes:

- Find out some fun facts about the body.

Equipment:

- Body Quiz – Questions and Answers
- True/False signs if you want

Instructions:

- If you want to, put a 'True' sign, a 'False' sign and a '?' sign at different places in the room (makes the quiz more active!).
- Read out each question, one by one, and ask the child(ren) to go and stand next to the sign with the correct answer. (Or ask them to say whether they think it is true or false.)
- Once they have decided their answer, you can ask them to say why they think that is the answer.
- Tell them whether it is true or false – and discuss the answer if you want to.
- Move on to the next question.
- (You could also ask them to write their own body quiz and get you to do the answers!)

National Curriculum: Doesn't really relate to any part of the new PHSE curriculum – but will be helpful for science!

Body Quiz – Questions and Answers

Statement	True or false?
1. There are about five million neurons in your brain	
2. The left side of your brain controls the right side of your body	
3. The heart is a muscle	
4. Your strongest muscle is in your arm	
5. The muscles in your eye work even when you are asleep	
6. If you put your blood vessels in a straight line, they would go around the earth twice	
7. You have 5 bones in your hand	
8. One big meal is churned around in your stomach for half an hour	
9. The liver has about 500 jobs	
10. Your long-term memory can only hold about 9 things at once	

Statement	True or false?
1. There are about five million neurons in your brain	False (100 billion)
2. The left side of your brain controls the right side of your body	True
3. The heart is a muscle	True
4. Your strongest muscle is in your arm	False (in your jaw)
5. The muscles in your eye work even when you are asleep	True
6. If you put your blood vessels in a straight line, they would go around the earth twice	True
7. You have 5 bones in your hand	False (27 bones)
8. One big meal is churned around in your stomach for half an hour	False (4 hours)
9. The liver has about 500 jobs	True
10. Your long-term memory can only hold about 9 things at once	False (Limitless)